

Factors Influencing Nursing Professionalism Among Graduating Nursing Students

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AIMS

This study aims to explore the effects of stress coping strategies and self-directedness on the nursing professionalism of graduating nursing students, providing foundational data for program development to support the formation and establishment of nursing professionalism.

METHODS

Data were collected through an online survey conducted from August 3 to 18, 2023, with 82 graduating nursing students in City D as subjects. Data analysis was conducted using SPSS WIN 23.0, employing descriptive statistics, t-test, one-way ANOVA, Pearson correlation coefficient, and multiple regression analysis.

RESULTS

[Table 1] Mean and standard deviation of variables (N=82)

Variable	Mean±SD	Min	Max
Stress Coping Strategies	1.29±0.33	0.83	2.00
Self-directedness	4.37±0.60	2.67	5.00
Nursing Professionalism	9.81±1.15	7.00	11.25

[Table 2] Differences of variables

(N=82)

Characteristics	n(%)	Stress Coping Strategies		Self-directedness		Nursing Professionalism	
		Mean±SD	t/F(p)	Mean±SD	t/F(p)	Mean±SD	t/F(p)
Sex							
Male	7(8.5)	1.22±0.40	-0.38(.705)	4.26±0.86	-0.54(.590)	9.54±1.30	-0.65(.518)
Female	75(91.5)	1.27±0.29		4.39±0.58		9.83±1.14	
Age	23.46±1.38						
≤23	67(81.7)	1.25±0.29	-1.00(.322)	4.32±0.60	-2.07(.050)	9.76±1.23	-1.17(.251)
>23	15(18.3)	1.33±0.32		4.63±0.51		10.03±0.67	
Religion							
Yes	27(32.9)	1.27±0.32	0.11(.915)	4.43±0.62	0.61(.547)	9.61±1.20	-1.08(.283)
No	55(67.1)	1.26±0.29		4.35±0.59		9.90±1.12	
Satisfaction of clinical practice							
Dissatisfied	8(9.8)	1.44±0.33	1.68(.193)	4.68±0.38	2.08(.131)	10.13±0.92	3.13(.049)
Usually	36(43.9)	1.26±0.26		4.44±0.60		10.09±1.24	
Satisfied	38(46.3)	1.23±0.32		4.25±0.62		9.47±1.04	

[Table 3] Correlation among variables

Variables	Stress Coping Strategies	Self-directedness	Nursing Professionalism
	r(p)		
Stress Coping Strategies	1		
Self-directedness	.427(<.001)	1	
Nursing Professionalism	.371(<.001)	.557(<.001)	1

[Table 4] Factors affecting nursing professionalism

Variables	B	S.E.	β	t	Adj R ²	F
Constant	4.915	.790		6.218*		
Stress Coping Strategies	.627	.393	.162	1.596	.315	19.65*
Self-directedness	.937	.195	.488	4.801*		

*p<.001

CONCLUSIONS

The results of this study are considered to serve as foundational data for establishing and improving nursing professionalism for graduating nursing students. There are limitations to generalization since the study was conducted at only one department of nursing, so further expanded research is needed.